



# What's On in September

- 02 MONDAY**  
**SWEAT SESH**  
6.00PM - 6.45PM @ POOLSIDE, WHF  
**MASTERCHEF COCONUT COOK-OFF**  
7.30PM @ SKY LOUNGE, WHF  
**BEGINNER BRAZILIAN-LAMBADA DANCE CLASS**  
6.45PM ELZ / 7.00PM ADL MEET @ RECEPTION
- 03 TUESDAY**  
**KICKBOXING**  
5.30PM - 6.15PM @ CINEMA ROOM, ELZ  
**ZUMBA**  
6.30PM - 7.15PM @ ROOFTOP, WHF
- 04 WEDNESDAY**  
**RED FROGS PANCAKES & BOARD GAMES**  
1.00PM - 3.00PM @ BBQ AREA, WHF  
**YOGA**  
6.00PM - 7.00PM @ CINEMA ROOM, ELZ
- 05 THURSDAY**  
**BOXING**  
7.00PM - 7.45PM @ POOLSIDE, WHF  
**KARAOKE**  
7.45PM - 8.30PM @ POOLSIDE, WHF  
**BRINNER**  
7.30PM @ BBQ AREA, WHF
- 06 FRIDAY**  
**FRYDAY FRY UP**  
9.00AM - 11.00AM  
@ GATHER ROOM, ADL / RELAX ROOM, ELZ
- 07 SATURDAY**  
**BRAZILIAN COOKING CLASS**  
1.00PM @ GATHER ROOM, ADL  
**MID-AUTUMN MOON FESTIVAL**  
4.00PM ELZ / 4.15PM ADL MEET @ RECEPTION
- 09 MONDAY**  
**SWEAT SESH**  
6.00PM - 6.45PM @ POOLSIDE, WHF  
**BEGINNER BRAZILIAN-LAMBADA DANCE CLASS**  
6.45PM ELZ / 7.00PM ADL MEET @ RECEPTION  
**RED FROGS PANCAKES & BOARD GAMES**  
7.00PM - 9.00PM @ RELAX ROOM, ELZ
- 10 TUESDAY**  
**KICKBOXING**  
5.30PM - 6.15PM @ CINEMA ROOM, ELZ  
**HEADSPACE FOR HAPPINESS**  
6.30PM @ SKY LOUNGE, WHF  
**NEW ONESIES WELCOME**  
INVITATION ONLY - EMAIL RSVPS MUST BE PRESENTED
- 11 WEDNESDAY**  
**RED FROGS PANCAKES & BOARD GAMES**  
1.00PM - 3.00PM @ BBQ AREA, WHF  
**YOGA**  
6.00PM - 7.00PM @ CINEMA ROOM, ELZ
- 12 THURSDAY**  
**BOXING**  
7.00PM - 7.45PM @ POOLSIDE, WHF  
**MANAGE YOUR CAREER LIKE A BOSS**  
5.25PM ADL / 5.40PM ELZ MEET @ RECEPTION
- 13 FRIDAY**  
**FRYDAY FRY UP**  
9.00AM - 11.00AM  
@ GATHER ROOM, ADL / RELAX ROOM, ELZ  
**MID-AUTUMN MOONFEST**  
5.30PM @ GATHER ROOM, ADL  
**KARAOKE**  
6.30PM - 7.30PM @ CINEMA ROOM, ADL
- 14 SATURDAY**  
**SWEET AS DESSERT FESTIVAL**  
11.00AM ADL / 11.15AM ELZ MEET @ RECEPTION  
**HAIRSPRAY & HOTDOGS**  
6.00PM - 8.00PM @ ROOFTOP, ELZ
- 15 SUNDAY**  
**BRISBANE THAI FESTIVAL**  
11.00AM ADL / 11.15AM ELZ MEET @ RECEPTION
- 16 MONDAY**  
**SWEAT SESH**  
6.00PM - 6.45PM @ POOLSIDE, WHF  
**RED FROGS COOKING CLASS**  
6.00PM - 8.00PM @ SKY LOUNGE, WHF  
**JOBLINKS RESUME BUILDING WORKSHOP & PIZZA**  
6.30PM @ STUDY FLOOR, WHF  
**BEGINNER BRAZILIAN-LAMBADA DANCE CLASS**  
6.45PM ELZ / 7.00PM ADL MEET @ RECEPTION
- 17 TUESDAY**  
**KICKBOXING**  
5.30PM - 6.15PM @ CINEMA ROOM, ELZ  
**CONVERSATION & CULTURAL EXCHANGE**  
6.30PM - 7.30PM @ HELLCAT MAGGIE, ADL
- 18 WEDNESDAY**  
**RED FROGS PANCAKES & BOARD GAMES**  
1.00PM - 3.00PM @ BBQ AREA, WHF  
**YOGA**  
6.00PM - 7.00PM @ CINEMA ROOM, ELZ  
**PICTIONARY**  
7.00PM - 8.00PM @ RELAX ROOM, ELZ
- 19 THURSDAY**  
**STUDY SESH & PIZZA**  
5.00PM - 7.00PM @ STUDY FLOOR, WHF  
**BOXING**  
7.00PM - 7.45PM @ POOLSIDE, WHF  
**JACKBOX PARTY**  
7.00PM - 8.00PM @ RELAX ROOM, ELZ
- 20 FRIDAY**  
**FRYDAY FRY UP**  
9.00AM - 11.00AM  
@ GATHER ROOM, ADL / RELAX ROOM, ELZ  
**POOL COMPETITION**  
7.30PM @ GAMES ROOM, ELZ
- 21 SATURDAY**  
**SPRING BBQ**  
12.00PM - 3.00PM @ ROMA STREET PARKLANDS
- 23 MONDAY**  
**SWEAT SESH**  
6.00PM - 6.45PM @ POOLSIDE, WHF  
**BEGINNER BRAZILIAN-LAMBADA DANCE CLASS**  
6.45PM ELZ / 7.00PM ADL MEET @ RECEPTION  
**RED FROGS PANCAKES & BOARD GAMES**  
7.00PM - 9.00PM @ RELAX ROOM, ELZ
- 24 TUESDAY**  
**KICKBOXING**  
5.30PM - 6.15PM @ CINEMA ROOM, ELZ  
**TRIVIA**  
7.00PM - 8.00PM @ HELLCAT MAGGIE, ADL
- 25 WEDNESDAY**  
**RED FROGS PANCAKES & BOARD GAMES**  
1.00PM - 3.00PM @ BBQ AREA, WHF  
**YOGA**  
6.00PM - 7.00PM @ CINEMA ROOM, ELZ
- 26 THURSDAY**  
**BOXING**  
7.00PM - 7.45PM @ POOLSIDE, WHF  
**JUST DANCE**  
7.30PM - 8.30PM @ RELAX ROOM, ELZ
- 27 FRIDAY**  
**FRYDAY FRY UP**  
9.00AM - 11.00AM  
@ GATHER ROOM, ADL / RELAX ROOM, ELZ  
**CAFÉ CRAWL**  
5.30PM ADL / 5.50PM ELZ MEET @ RECEPTION
- 28 SATURDAY**  
**FRIENDS 25TH ANNIVERSARY SCREENING**  
5.30PM - 7.30PM @ ROOFTOP, ELZ
- 30 MONDAY**  
**SWEAT SESH**  
6.00PM - 6.45PM @ POOLSIDE, WHF  
**RED FROGS COOKING CLASS**  
6.00PM - 8.00PM @ SKY LOUNGE, WHF  
**BEGINNER BRAZILIAN-LAMBADA DANCE CLASS**  
6.45PM ELZ / 7.00PM ADL MEET @ RECEPTION